



DÜNYA DOKTORLARI DERNEĞİ
Doctors of the World Türkiye

T R A I N I N G C A T A L O G U E

Mental Health & Psychosocial Support

MHPSS · Remote delivery · Inclusion · Cultural awareness

4 modules · Turkish · English · Arabic

Build the skills that crises demand

Delivered by practitioners with active field experience internationally

dunyadoktorlari.org.tr

ABOUT THIS PACKAGE

This package provides evidence-based mental health and psychosocial support training for practitioners working in humanitarian and displacement contexts. DDD has delivered MHPSS services across Türkiye and Syria since 2015 and this training directly translates that operational experience into structured learning — from Psychological First Aid to remote service delivery to cultural competence.

OUR TRAINING IMPACT

100%

participant satisfaction

46+

trained in a single workshop

8+

organisations per training event

Knowledge retained at 6 months · Integrated into organisational practice · Cross-sector reach

WHY DDD TRAINING?

Practitioners, not just trainers

Every DDD trainer is an active practitioner in their sector with direct operational experience in Türkiye and abroad. Our training reflects what actually happens in the field, not just what textbooks prescribe.

Context-specific and evidence-based

DDD's curriculum is built on systematic gap analysis of the Turkish humanitarian sector and international practice. Modules are aligned with international standards on IASC, Sphere, and OCHA standards while incorporating national specific legal, operational, and cultural context — so learning translates directly into better practice.

Cross-sector and multilingual

DDD trainings routinely bring together staff from of diverse backgrounds in a single room. With training delivery available in Turkish, English, and Arabic, we reach teams across the full spectrum of humanitarian and social sector actors.

DELIVERY FORMATS

- In-person workshops — full-day and multi-day sessions
- Online & remote — live virtual delivery with interactive facilitation
- Blended learning — self-paced pre-reading combined with facilitated group sessions
- Certificate programmes — multi-module pathways with assessment and DDD certification
- Custom packages — bespoke content and curriculum design for your specific context

MODULE 1**MHPSS in Crisis Context**

A foundational course on MHPSS in humanitarian contexts, covering the IASC pyramid and practical application for diverse practitioners.

Learning objectives

- Understand the IASC MHPSS framework and the mental health pyramid in emergencies
- Deliver psychological first aid (PFA) to individuals in acute distress
- Facilitate structured and unstructured psychosocial support group activities
- Identify mental health conditions requiring referral to clinical services
- Apply self-care strategies and prevent staff burnout in high-stress environments

Target audience: Front line workers, healthcare workers, emergency response, PSS counsellors, field staff, NGOs,

Duration: 2 days **Format:** In-person / Blended

MODULE 2**Remote Delivery of MHPSS and Protection Services in Crisis Contexts**

Equips practitioners to maintain quality MHPSS and protection services through remote and digital modalities.

Learning objectives

- Adapt MHPSS and protection principles for remote and telephone-based delivery
- Apply digital safety and data protection standards in remote service provision
- Facilitate remote group sessions and individual counselling effectively
- Identify and manage risk and crisis situations remotely
- Design hybrid service delivery models combining remote and in-person components

Target audience: MHPSS practitioners, case managers, protection officers, NGO coordinators

Duration: 1 day **Format:** Online / Blended

MODULE 3**Inclusion of Older People and People with Disabilities**

Provides frameworks and practical tools for ensuring that older persons and people with disabilities are meaningfully included in humanitarian programming.

Learning objectives

- Apply the Washington Group disability identification questions in humanitarian assessment
- Identify barriers to access faced by older people and people with disabilities
- Adapt service delivery modalities for inclusive access
- Integrate Age, Gender, and Diversity (AGD) mainstreaming into programme design
- Engage older persons and persons with disabilities as active programme participants

Target audience: All humanitarian staff; programme designers, protection and health officers

Duration: 1 day **Format:** In-person / Online

MODULE 4

Cultural Awareness, Identity, and Social Cohesion

Builds cross-cultural competency and supports social cohesion programming for practitioners working across diverse communities.

Learning objectives

- Understand the role of cultural identity, religion, and community in health and wellbeing
- Apply culturally sensitive communication and interview techniques
- Recognise the risks of cultural imposition and harmful traditional practices
- Design and facilitate activities that promote social cohesion between host and displaced communities
- Engage community and religious leaders as partners in humanitarian response

Target audience: All humanitarian and social sector staff; community liaison officers

Duration: 1 day **Format:** In-person / Blended

GET IN TOUCH

Request a consultation or the full training catalogue

Speak with our training team about which package best fits your organisation, request a training needs assessment, or enquire about custom curriculum development. We respond in Turkish, English, and Arabic.

Website: dunyadoktorlari.org.tr

Training enquiries: communication@dunyadoktorlari.org.tr

Dünya Doktorları Derneği (DDD) — Doctors of the World Türkiye

Facilitating universal access to healthcare since 2015 in Türkiye and internationally.